

Out of the DARKNESS™

COMMUNITY WALKS

American Foundation for Suicide Prevention

To increase awareness about the tragedy of suicide in Central Texas and raise funds for suicide prevention research and education

8:30 – 10:30 a.m.

Sunday, Nov. 13, 2005

Lakeline Mall, Austin, Texas

- More people die by suicide in the U.S. than die by homicide or that die from HIV/AIDS
- Over 30,000 Americans die by suicide every year
- Suicide claims the life of 1 person every 18 minutes
- Death by suicide is the 2nd leading cause of death for adolescent boys and the 3rd leading cause of death for young people ages 15-24
- Austin has the highest rate of suicide of major metropolitan areas in Texas

If you, a friend or family member are having a crisis, call the local Hotline to Help 512-472-HELP or one of two 24-7 national crisis numbers: 1-800-SUICIDE or 1-800-273-TALK.

The first Out of the Darkness Community Walk in Central Texas was organized by:



Central Texas Chapter, American Foundation for Suicide Prevention with support from the Austin/Travis County Suicide Prevention Coalition and Austin/Travis County MHMR and Lakeline Mall

SPECIAL THANKS TO OUR SPONSORS, UNDERWRITERS AND DONORS INCLUDING:

Businesses and Foundations:

Trailblazer

Forest Laboratories, Inc.
Sophisticated Sounds

Pacesetter

Lakeline Simon Mall
National Instruments

Leader

Manny and Grace Goldstein Family Foundation -
in memory of Debra Ann Goldstein

The Jason Foundation at The Oaks Treatment Center

Mortgage Portfolio Services

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LAKELINE MALL 



Teams:

Pacesetter

Allen's Angels (Matheny)
Remembering Debra Ann Goldstein (Niyogi/Toprac)
Running for Juju (Grimes)

Leader

Chase Away Suicide (Keller)
Remembering Matthew (Fuller)
Remembering Ryan Sheehan (Sheehan)
Wendi Bunton Memorial (Roebuck/Harris)

Guide

Jeremy's Friends (Summers-Fox)
Larry's Team (Athey)
Remembering Rebeca (Schmidt)
Walking for Darrin with Love (Winslett)

Sponsor

Colby's Crew (Todd)	Kevin Night (Emerson)
Don't Trip Potato Chip (Pasko)	Rene's Monkey's (Schmelz)
Fruit Loops (Bradwell)	Rouse's Rabblerousers (Toprac)
Harley's Hero (Sauter)	Team Steve (Kuhlman)
Hart (Reimer)	Tex's Team (Sorensen)
In Memory of Chris Pereida (Pereida)	

Walk Participants:

Pacesetter

Cassie Grimes

Leader

Merily and Tom Keller	Elizabeth and Noel Roebuck
Miles Matheny	Michelle Sheehan
Beth Niyogi	Marcia Toprac

Guide

Debby Athey	Debbie Sander	Annette Vanya
Scott Hector	Michelle Schmidt	Sandy Vanya
Brian Matheny	Torje Scott	
Laura Saldivar	Amanda Summers-Fox	

Sponsor

Gina Best	Sharon Kuhlman	Wendi Portman
Melanie Bradwell	Karen LeFevre	Amber Reimer
Linda Butt	Paula Logan	Deborah Sorensen
Katherine Clayton	Eloisa Mata	Jennifer Todd
Michelle Douglas	Bonita Mueller	Wendi Portman
Nancy Emerson	Gerlad Mueller	Amanda Winslett
Tracy Freeman	Diana Natividad	
Kimberly Furbee	Marci Pereida	

(includes only those donations received by Nov. 11, 2005)

Program

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- 7:30 a.m. **Registration**
Entertainment
Janet Thiemerman and Jack Geiser
- 8:30 a.m. **Welcome & Remembrance Ceremony**
Elizabeth Roebuck and Amanda Summers-Fox,
Walk Co-Chairs
Joe Vesowate, Assistant Commissioner for
Mental Health and Substance Abuse Services
Texas Dept. of State Health Services
- 9:00 a.m. **Walk**
- 10:00 a.m. **Concluding Remarks and Release of Balloons**
- 10:30 a.m. **Event Ends**
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This Walk would not have been possible without the generous donation of time, money and energy from the 2005 Austin Out of the Darkness Walk Committee and volunteers.

Co-Chairs:	Amanda Summers-Fox and Elizabeth Roebuck	
Committee:	Margaret Allen	Bonnie Rickelman
	Miles Matheny	Marcia Toprac
	Patti Polinard	Mildred Vuris
	Merily Keller	
Volunteers:	Art Berube	Beth Myers
	Deb Boyd	Beth Niyogi
	LaShauntee Campbell	Courtney Norman
	John Doty	Georgia Norman
	Keaton Duckworth	Marci Pereida
	Patrick Eberhardt	Gilbert Pro
	Cindy Gonzales	Nicole Rand & Mother
	Shirley Hawley	Tabitha Rendon
	Melanie Hirsch	Noel Roebuck
	Vanessa Ibanez	Gina Rosa
	Tom Keller	Torje Scott
	Jessika Martinez	Shiloh Sibley
	Kathleen Martinez	Jason Sublett
	Michael Martinez	Eric Wade
	Jill Morgan	

Other assistance and/or in-kind donations from:

Advocacy Inc., Austin Regional Clinic, Cypress Grill Restaurant, First Presbyterian Church, Guero's Restaurant, Jollyville Java, Mental Health Assoc. of Texas, National Alliance for the Mentally Ill - Austin, Plan of Central Texas, Sims Foundation and Texas Mental Health Consumers
